

Abstract

The invention relates to a medical grasping and holding instrument with a handle (2) consisting of two handgrips (2a, 2b) and with a holding portion (3) that consists of at least two jaw members (3a, 3b) and can be activated by the handle (2). The jaw members (3a, 3b) of the holding portion (3) can be locked by means of a spring element (6) both in an end position that releases the holding portion (3) and in an end position that locks the holding portion (3). In order to create a medical grasping and holding instrument that is of simple construction, can be operated with just one hand, and is easy to clean, it is proposed with this invention that the spring element (6), configured as a flat spring, for locking the jaw members (3a, 3b) in their end positions is mounted between the handgrips (2a, 2b) of the handle (2) so as to connect the two handgrips (2a, 2b) to one another in such a way that the spring element (6) can be moved by way of a storage point (8) of a handgrip (2a or 2b) at the spring element (6) between two end positions that release the spring element (6).